

## ***Disaster Supply Kit Checklists***

Use the following checklists to assemble your Disaster Supply Kit. As you acquire an item, check it off of the checklist. You may want to make a copy of the checklist and include it with your kit as an inventory sheet.

### ***Water***

Water is the most important part of a Disaster Supply Kit. Water should be stored in plastic containers, (not breakable glass) and purified prior to storage.

- |   |   |
|---|---|
| <input type="checkbox"/> Potable Water (1Gal./Person/Day) | <input type="checkbox"/> Water Purification Tablets |
| <input type="checkbox"/> Extra Water for Pets             | <input type="checkbox"/> Camper's Filtration Pump   |
| <input type="checkbox"/> Liquid Chlorine Bleach           | <input type="checkbox"/> Non-potable Water for      |
| <input type="checkbox"/> Tincture of Iodine               | Firefighting/Sanitation                             |

### ***Food***

Food is another important part of your Disaster Supply Kit. (Minimum 9 meals per person.)

- |   |  |
|---|--|
| <input type="checkbox"/> Ready to Eat Canned Meats      | <input type="checkbox"/> High Energy Foods - Peanut Butter, Jelly, Nuts, Health Food Bars. |
| <input type="checkbox"/> Ready to Eat Canned Vegetables | <input type="checkbox"/> Stress Foods - Hard Candy, Cookies                                |
| <input type="checkbox"/> Ready to Eat Canned Fruits     | <input type="checkbox"/> Camper's Freeze Dried Meals                                       |
| <input type="checkbox"/> Canned or Powdered Juices      | <input type="checkbox"/> MRE - Military Rations  |
| <input type="checkbox"/> Canned or Dry Soups            | <input type="checkbox"/> Infant Formula, Baby Food   |
| <input type="checkbox"/> Powdered or Canned Milk        | <input type="checkbox"/> Pet Food  |
| <input type="checkbox"/> Sugar, Salt, Pepper            |  |

### ***Clothing and Bedding***

Clothing appropriate to the climate, and bedding are strongly recommended. Include at least one complete change of clothing per person.

- |  |  |
|--|--|
| <input type="checkbox"/> Sturdy Shoes or Work Boots      | <input type="checkbox"/> Portable Playpen/Baby Bed             |
| <input type="checkbox"/> Heavy Gloves                    | <input type="checkbox"/> Handkerchief / Bandanna               |
| <input type="checkbox"/> Change of Clothes               | <input type="checkbox"/> Tent or Tarp                          |
| <input type="checkbox"/> Extra Socks, Tshirts, Underwear | <input type="checkbox"/> Sleeping Bag                          |
| <input type="checkbox"/> Thermal Underwear               | <input type="checkbox"/> Ground Cloth / Air Mattress/Foam Pads |
| <input type="checkbox"/> Glasses / Sunglasses            | <input type="checkbox"/> Blankets                              |
| <input type="checkbox"/> Hat / Hard Hat                  | <input type="checkbox"/> Sheets / Pillows                      |
| <input type="checkbox"/> Rain Gear                       |  |
| <input type="checkbox"/> Jacket / Heavy Coat             |  |

### *First Aid*

Medical help may be delayed after a disaster. First Aid supplies might be an extremely handy part of your Supply Kit.

- |   |   |
|---|---|
| <input type="checkbox"/> First Aid Handbook                   | <input type="checkbox"/> Eye Dropper  |
| <input type="checkbox"/> Assorted Adhesive Bandages           | <input type="checkbox"/> Eye Drops / Eyewash  |
| <input type="checkbox"/> Sterile Gauze Pads 1, 2, & 3 inch    | <input type="checkbox"/> Eye Dressings  |
| <input type="checkbox"/> Gauze Roller Bandages 1, 2, & 3 inch | <input type="checkbox"/> Latex Gloves   |
| <input type="checkbox"/> Adhesive Tape                        | <input type="checkbox"/> Chemical Heat / Cold Packs   |
| <input type="checkbox"/> Triangular Bandage                   | <input type="checkbox"/> Rubbing Alcohol  |
| <input type="checkbox"/> Scissors                             | <input type="checkbox"/> Aspirin / Analgesic  |
| <input type="checkbox"/> Tweezers                             | <input type="checkbox"/> Laxatives  |
| <input type="checkbox"/> Safety Razor Blades                  | <input type="checkbox"/> Anti-diarrhea Medication   |
| <input type="checkbox"/> Safety Pins                          | <input type="checkbox"/> Antacid  |
| <input type="checkbox"/> Bar of Soap                          | <input type="checkbox"/> Emetic (To induce vomiting if advised by a Poison Control Center.) |
| <input type="checkbox"/> Moist Towelettes                     | <input type="checkbox"/> Activated Charcoal (If advised by a Poison Control Center.)        |
| <input type="checkbox"/> Antiseptic Spray / Lotion            | <input type="checkbox"/> Prescription Medications (If any in use.)                          |
| <input type="checkbox"/> Thermometer                          |   |
| <input type="checkbox"/> Tongue Blades                        |   |

### ***Food and Cooking Equipment***

Below, are some food preparation items which you might want to have in your Supply Kit.

- |  |   |
|--|---|
| <input type="checkbox"/> Stove and Fuel            | <input type="checkbox"/> Manual Can Opener          |
| <input type="checkbox"/> Barbecue Grill / Charcoal | <input type="checkbox"/> Pot / Pan                  |
| <input type="checkbox"/> Waterproof Matches        | <input type="checkbox"/> Plastic Storage Containers |
| <input type="checkbox"/> Plastic Utensils          | <input type="checkbox"/> Aluminum Foil              |
| <input type="checkbox"/> Paper Plates / Cups       | <input type="checkbox"/> Paper Towels / Napkins     |
| <input type="checkbox"/> Plastic Waste Bags        | <input type="checkbox"/> Biodegradable Detergent    |
| <input type="checkbox"/> Cooking Utensils          | <input type="checkbox"/> Zip Lock Bags              |

### ***Sanitation Supplies***

Since the sewer system may not work, the following supplies are recommended.

- |  |   |
|--|---|
| <input type="checkbox"/> Heavy Duty Trash Bags     | <input type="checkbox"/> Powdered Lime          |
| <input type="checkbox"/> Toilet Paper / Towelettes | <input type="checkbox"/> Portable Camp Toilet   |
| <input type="checkbox"/> Small Shovel              | <input type="checkbox"/> Hand Soap              |
| <input type="checkbox"/> Disinfectant              | <input type="checkbox"/> Personal Hygiene Items |

### ***Tools and Equipment***

The following tools and other equipment are recommended for your supply kit.

- |  |   |
|--|---|
| <input type="checkbox"/> Fire Extinguisher       | <input type="checkbox"/> Wrench, Hammer, Pliers,    |
| <input type="checkbox"/> Flashlight / Lantern    | <input type="checkbox"/> Screwdrivers, Wire Cutters |
| <input type="checkbox"/> Spare Batteries / Bulbs | <input type="checkbox"/> Utility Shutoff Wrench     |
| <input type="checkbox"/> Dust Masks              | <input type="checkbox"/> Ladder                     |
| <input type="checkbox"/> Portable AM / FM Radio  | <input type="checkbox"/> Plastic Sheeting           |
| <input type="checkbox"/> Goggles                 | <input type="checkbox"/> Knife / Razor Knife        |
| <input type="checkbox"/> Rope (1/2") 50'         | <input type="checkbox"/> Caution Tape               |
| <input type="checkbox"/> Light Sticks            | <input type="checkbox"/> Duct Tape                  |
| <input type="checkbox"/> Broom / Dustpan         | <input type="checkbox"/> Note Pad / Pencils         |
| <input type="checkbox"/> Shovel / Rake           | <input type="checkbox"/> Whistle                    |
| <input type="checkbox"/> Axe / Prybar            | <input type="checkbox"/> Bucket                     |

### ***Special Items***

This checklist contains special items not covered in the other lists.

- |  |  |
|--|--|
| <input type="checkbox"/> Baby Formula / Baby Food / Juices   | <input type="checkbox"/> Personal Toiletries Kit                     |
| <input type="checkbox"/> Bottles / Nipples                   | <input type="checkbox"/> Money (Cash, Coins, or Travelers<br>Checks) |
| <input type="checkbox"/> Diapers / Baby Wipes                | <input type="checkbox"/> Books / Games                               |
| <input type="checkbox"/> Earthquake Buddy for Children       | <input type="checkbox"/> Sewing Kit                                  |
| <input type="checkbox"/> Prescription Medications            | <input type="checkbox"/> Maps / Compass                              |
| <input type="checkbox"/> Special Medical Equipment           | <input type="checkbox"/> Sunscreen                                   |
| <input type="checkbox"/> Glasses / Contact Lenses & Supplies | <input type="checkbox"/> Insect Repellent / Insecticide              |
| <input type="checkbox"/> Dentures & Supplies                 |  |
| <input type="checkbox"/> Feminine Hygiene Supplies           |  |

### ***Pet Care Items***

The following items should be considered if you have a pet.

- |  |   |
|--|---|
| <input type="checkbox"/> Leashes / Collars           | <input type="checkbox"/> Copy of Vaccination History              |
| <input type="checkbox"/> Sturdy Crate or Pet Carrier | <input type="checkbox"/> Veterinarian / Shelter Telephone Numbers |
| <input type="checkbox"/> Food and Water Bowls        | <input type="checkbox"/> Recent Photos of Pet                     |
| <input type="checkbox"/> Non-Perishable Pet Food     | <input type="checkbox"/> Tie Out Steaks / Rope                    |
| <input type="checkbox"/> Any Required Medications    | <input type="checkbox"/> Plastic Bags for Waste Disposal          |
| <input type="checkbox"/> Litter / Litterbox          | <input type="checkbox"/> Pet Toys                                 |
| <input type="checkbox"/> Pet First Aid Book          |   |

### ***Important Documents***

The following items should be stored in a waterproof portable container.

- |   |   |
|---|---|
| <input type="checkbox"/> Family Records / Photos          | <input type="checkbox"/> Credit Card Numbers          |
| <input type="checkbox"/> Wills, Deeds, Insurance Policies | <input type="checkbox"/> Immunization Records         |
| <input type="checkbox"/> Stocks, Bonds                    | <input type="checkbox"/> Household Inventory / Photos |
| <input type="checkbox"/> Passports, Social Security Cards | <input type="checkbox"/> Important Telephone Numbers  |
| <input type="checkbox"/> Bank Account Numbers             | <input type="checkbox"/> Appliance Receipts           |

### ***Car Disaster Kit***

This checklist contains some items you might want to keep in the car.

- |  |   |
|--|---|
| <input type="checkbox"/> First Aid Kit & Book    | <input type="checkbox"/> Maps / Compass                               |
| <input type="checkbox"/> Bottled Water           | <input type="checkbox"/> Essential Medications                        |
| <input type="checkbox"/> High Energy Food Bars   | <input type="checkbox"/> Tool Kit                                     |
| <input type="checkbox"/> Flashlight & Batteries  | <input type="checkbox"/> Toilet Paper / Paper Towels / Facial Tissues |
| <input type="checkbox"/> AM/FM Radio & Batteries | <input type="checkbox"/> Emergency Blanket                            |
| <input type="checkbox"/> Lightsticks             | <input type="checkbox"/> Rain Poncho / Jacket                         |
| <input type="checkbox"/> Sturdy Shoes / Gloves   | <input type="checkbox"/> Money  |
| <input type="checkbox"/> Jumper Cables           | <input type="checkbox"/> Duct Tape                                    |
| <input type="checkbox"/> Flares                  | <input type="checkbox"/> Pocket Knife                                 |
| <input type="checkbox"/> Siphon Hose / Pump      |   |

### ***Office Disaster Kit***

This checklist is very similar to the Car Kit, and is more oriented to the office.

- |  |   |
|--|---|
| <input type="checkbox"/> First Aid Kit & Book    | <input type="checkbox"/> Toilet Paper / Paper Towels / Facial Tissues |
| <input type="checkbox"/> Bottled Water           | <input type="checkbox"/> Emergency Blanket                            |
| <input type="checkbox"/> High Energy Food Bars   | <input type="checkbox"/> Rain Poncho / Jacket                         |
| <input type="checkbox"/> Flashlight & Batteries  | <input type="checkbox"/> Money  |
| <input type="checkbox"/> AM/FM Radio & Batteries | <input type="checkbox"/> Duct Tape                                    |
| <input type="checkbox"/> Lightsticks             | <input type="checkbox"/> Pocket Knife                                 |
| <input type="checkbox"/> Sturdy Shoes / Gloves   | <input type="checkbox"/> Whistle                                      |
| <input type="checkbox"/> Maps / Compass          |   |
| <input type="checkbox"/> Essential Medications   |   |