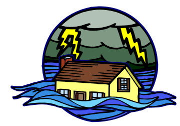
The City of San Mateo

San Mateo Fire Department
Office of Emergency Services

Presents

"GET READY" Disaster Preparedness Classes

Summer 2009

EARTHQUAKES FIRES  FLOODS

How will you help your family and your community in the event of a disaster?

Come learn how at one of our "Get Ready" classes! This basic disaster preparedness class will teach you how to prepare yourself, your family, home and workplace for a major disaster. Topics include disaster proofing your home, what you need to store, how to shutoff utilities, and many other valuable tips. This class will give you the information to allow you to help, instead of needing help, following a disaster. Join us at one of the classes listed below. You only need to attend one session.

Cost: Free

Location	Dates Available	Course Number	Times
Beresford Recreation Center 2720 Alameda de las Pulgas San Mateo, CA 94403	September 9, 2009 (Wednesday) November 17, 2009 (Tuesday)	45435 45436	7:00-9:00pm 7:00-9:00pm

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Upon completion of the "Get Ready" class, if you would like to know more, we will provide you with a schedule of upcoming Community Emergency Response Team (CERT) training dates. These 18 hour, 6 week training sessions will cover topics such as Damage Assessment, Search and Rescue, Disaster Medicine, Firefighting, Communications and Command and Control. The CERT series is also *FREE*!

The success of San Mateo's disaster program depends on you! Your community will need your help! Please learn how to become a part of our citizen based disaster response team and encourage your friends and neighbors to become involved in the CERT program by attending one of the above dates as well.

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For more information, please call (650) 522-7960 or visit www.sanmateocert.org

To register, visit your local San Mateo recreation center, or register online at www.erecreg.com.